

TIP: get a belly band

This slide-on panel of fabric covers an unzipped zipper, making your regular jeans into maternity jeans for the first few months.

knowing what to wear

When it comes to your wardrobe, the good news is you can keep wearing some things that you already have in your closet, like leggings, wrap dresses, and almost anything stretchy. Then, you will just need a few basics to hold you until about month four. After that, head to the maternity store for some clear mom-to-be wardrobe staples.

YOU HAVE

- **JEANS** Forget those skinny jeans and go for your loosest pair (like those low-slung boyfriend jeans) for the first few months.
- **BLAZER** Button up a jacket with a bit of stretchy Lycra (not a stiff one) to hide your growing belly, or keep it open to let your bump breathe.
- **TANK TOP** Believe it or not, this skimpy staple probably has loads of stretch and you will be able to wear it until d-day. Bonus if it has side ruching.
- **T-SHIRT** A larger-size shirt from your own closet will work for the first few months.
- **CARDIGAN** A basic button-up keeps you prepared for random hot-flashes and cold spells.
- **YOGA PANTS OR LEGGINGS** Choose a dark hue (it's more slimming) and a thicker pair that can take you through the seasons.
- **LITTLE BLACK DRESS** A style that is not fitted and has stretch is ideal.
- **BLACK PANTS** A pair with a side zip is easy to leave open unnoticeably.

